



Demystifying Systemic Social and Emotional Learning *Supportive Discipline*

PANELISTS' RECOMMENDED RESOURCES

From CASEL

- Full video: [A Restorative Approach to Discipline](#) (Chicago Public Schools)
- [CASEL District Resource Center - Integrate SEL with Academics, Discipline, and Student Supports](#) – overview, process, examples, and tools for integrating SEL with a school district's approach to discipline.
- [CASEL Guide to Schoolwide SEL - Establish Discipline Policies that Promote SEL](#) – describes how social and emotional competencies impact behavior and how to align policies with your SEL goals.
- [Reflecting on School Discipline and SEL Alignment](#) – Use this tool to explore how your school's approach to discipline aligns with your SEL vision and identify next steps based on your reflection.
- [Restorative Practices and SEL Alignment](#) – written in partnership with IIRP, this document describes how restorative practices and schoolwide SEL are mutually supportive, and provides recommendations on implementing both in an integrated way.

From *Mary Jo Hebling, International Institute for Restorative Practices*

- [Can Restorative Practices Improve School Climate and Curb Suspensions?](#) - This study of the implementation of restorative practices in the Pittsburgh Public Schools district (PPS) in school years 2015–16 and 2016–17 represents one of the first randomized controlled trials of the effects of restorative practices on classroom and school climates and suspension rates.
- [A Science of Human Dignity: Belonging, Voice, and Agency as Universal Human Needs](#) The IIRP Graduate School is the first graduate school wholly dedicated to restorative practices. IIRP faculty are the world's leading experts in the ideas and competencies they teach. They help students tailor their studies and facilitate meaningful online engagement with fellow students from around the world. Courses are online, allowing students to study where they live and work.

From Anne Gregory, Rutgers University

- [**12 Restorative Practice Implementation Indicators: Checklists for Administrators**](#) - This checklist is based on practitioner insights about the comprehensive nature of RP initiatives and it includes a self-assessment tool to help guide educators toward strategic action.
- [**The Starts and Stumbles of Restorative Justice in Education: Where Do We Go from Here?**](#) - The policy brief from the National Education Policy Center defines restorative justice in education, summarizes recent research, and offers insights in what districts might avoid (and embrace) to implement (and not mis-implement) restorative initiatives.
- [**We need more than equity intentions to guide discipline reforms. CASEL Deep Dives Blog Post**](#) - The blog discusses how school discipline reform is often implemented without addressing structural and cultural factors that contribute to inequality and injustice. It offers four major recommendations for centering equity when transforming discipline policy and practice.