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**Demystifying Systemic  
Social and Emotional  
Learning** | Webinar Series

HOSTED BY CASL

# Supportive Discipline



# Demystifying Systemic Social Emotional Learning: Supportive Discipline

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CLASSROOM		Explicit SEL instruction	
		SEL integrated with academic instruction	
SCHOOL		Youth voice and engagement	
		Supportive school and classroom climates	
		Focus on adult SEL	
		Supportive discipline	
		A continuum of integrated supports	
FAMILY		Authentic family partnerships	
	COMMUNITY		Aligned community partnerships
			Systems for continuous improvement



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# What comes to mind when you hear: Supportive Discipline?



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# A Restorative Approach to Discipline



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## PANELISTS



**Anne Gregory, Ph.D.**  
*Professor, School Psychology*  
Rutgers University



**Mary Jo Hebling**  
*Dean of Continuing Education*  
International Institute for Restorative Practices



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# Key Takeaways

**Practice:** When discipline practices are centered around student learning, developmentally appropriate, and culturally responsive, they can reinforce SEL and support student engagement and equitable outcomes.



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# Key Takeaways

**Policy:** Discipline policies should encompass proactive strategies that focus on relationship-building, and ensure that disciplinary responses address root causes and support students social and emotional development.



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# Key Takeaways

**Research:** Continuous improvement processes should examine and address how equitably discipline responses are applied. More research is needed on the impact of restorative practices and other supportive disciplinary approaches.



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